



Freedom Home Care
and Medical Staffing

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**FREEDOM HOME CARE RECOGNIZES MAY AS
NATIONAL AGING LIFE CARE MONTH ACROSS NORTH SHORE**

Freedom Home Care Works With North Shore Geriatric Care Management and Aging Life Care Association to Ensure the Best Care, Independence, and Longevity for North Shore's Aging Community

HIGHLAND PARK, IL (MAY 2019) – [Freedom Home Care](#), one of the leading and most respected home care agencies in the North Shore and throughout the Chicago area, recognizes Geriatric Care organizations they work closely with in the community including [North Shore Geriatric Care Management](#) and [Aging Life Care Association](#).

“Freedom has been a wonderful care partner and resource in addition to all the amazing health care companies on the North Shore keeping seniors safe, comfortable and well cared for in their homes or in care facilities,” said Julie Fohrman, MA, MAG, GC, Gerontologist, Founder & Principal of North Shore Geriatric Care Management and Chapter Leader of the Chicago and Illinois Aging Life Care Association® (ALCA). “ALCA appreciates Freedom's recognition of May as Aging Life Care Month.”

North Shore Geriatric Care Management partners with seniors and their families, laying the groundwork for the delivery of outstanding quality care and services, either in the client's home or in senior housing communities. The organization works with clients and their families to help them live well during the aging process and helps them navigate the challenges associated with aging.

Freedom Home Care has worked with North Shore Geriatric Care Management and ACLA for more than 15 years. During National Aging Life Care Month, Freedom Home Care aims to raise awareness and give the best options to the community's aging population. As families prepare for aging loved ones, having options available to have health and human services specialists who guide, advocate, and resource for families caring for an older relative or disabled adult.

Working with families, the expertise of Aging Life Care Professionals™ provides the answers at a time of uncertainty. Their guidance leads families to the actions and decisions that ensure quality care and an optimal life for those they love, thus reducing worry, stress and time off of work for family caregivers.

“As a Gerontologist and Chapter Leader of the Chicagoland area ALCA Unit, we rely on our care partners to help us take care of seniors and their families in the community. Freedom Home Care has been able to assist me in providing exceptional caregivers and companions at a moment's notice when clients in the local community are in crisis and need extra care and support,” said Fohrman. “Freedom Home Care assists us in identifying the best candidates for my clients when developing their comprehensive care plan.”

The connections Freedom Home Care works with have extensive knowledge about the costs, quality, and availability of resources in their communities. Aging Life Care Professionals are members of the Aging Life Care Association® (ALCA), must meet stringent education, experience, and certification requirements of the organization, and all members are required to adhere to a strict code of ethics and standards of practice.

Freedom Home Care services range from daily home visits for meal preparation, personal care, companionship and other needs to post-hospital care, day surgery companion care, and supportive care. They also host wellness programs throughout the North Shore in conjunction with The Highland Park Senior Center, Lake Forest Senior Center, and The Sheridan at Green Oaks.

As innovations in science and technology continue to emerge, the human lifespan becomes longer and longer. Freedom Homecare provides a way of creating a safe, independent lifestyle for your aging loved ones. From humble beginnings in Highland Park, Freedom Home Care has grown over the past 20 years and now services clients up and down Chicago's lakeshore, throughout Cook and Lake Counties, from Hinsdale to Barrington to Buffalo Grove and all the towns in between. With more than 1,000 professional and compassionate caregivers, Freedom Home Care is proud to be recognized as one of the top home care companies in the greater Chicagoland market.

For more information on Freedom Home Care, please contact (847) 433-5788 or visit www.freedomhomecare.net.

ABOUT FREEDOM HOME CARE

Founded in 1996, Freedom Home Care is one of the leading and most respected home care agencies in the North Shore and throughout the Chicago area. With over 20 years of service, and a team of over 1,000 professional and compassionate caregivers, Freedom Home Care provides in-home care options to fit the needs of any client. From full-time live-in care to flexible hourly assistance, Freedom offers services to allow clients the freedom of being at home. Offices are located in Highland Park at 1749 Green Bay Road and in Lake Forest at 289 E. Deerpath Rd. A Park Ridge office is planned for spring 2019.

ABOUT NORTH SHORE GERIATRIC CARE MANAGEMENT

North Shore Geriatric Care Management is headed by Founder and Principal Julie Fohrman, MA, MAG, GCM a Gerontologist with over twenty five years of experience in the aging field. As head of North Shore Geriatric Care Management, Julie Fohrman is committed to partnering with seniors and their families, laying the groundwork for the delivery of outstanding quality care and services, either in the client's home or in senior housing communities. For over two decades, North Shore Geriatric Care Management provides the peace of mind that a professional aging life care specialist is engaged and that their loved one is receiving the highest quality care, superior resources and referrals, medical advocacy, and care management services that will maximize the quality of their life.

ABOUT AGING LIFE CARE ASSOCIATION

Aging Life Care is a holistic, client-centered approach to caring for older adults or others facing health challenges. The Aging Life Care Professional is a health and human services specialist who is a guide, advocate, and resource for families caring for an older relative or disabled adult. Working with families, the expertise of Aging Life Care Professionals™ provides the answers at a time of uncertainty. Their guidance leads families to the actions and decisions that ensure quality care and an optimal life for those they love, thus reducing worry, stress and time off of work for family caregivers.

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